

# NOMAD NEWS

Northern Magic Agility Dogs

MAY

2015

## CAMP NOMAD

Camp NOMAD will be held Friday, Saturday, and Sunday, May 29, 30 and 31, with two rings at the Trapp Family Stadium Meadow, behind the Outdoor Center. This is a new location, without shade, but closer to the pond. Large NOMAD tents will be at each ring, with shade cloths and rain tarps. Your own tents are welcome. Signs will direct you to the Stadium Meadow.

Instructors are Lo Baker and Amanda Shyne. Auditing is free for NOMADers. This is a great opportunity to learn from the best. Groups are full, but openings do happen, so send in registration info to Pam Patunoff if you are interested. The registration form is in the Jan/Feb newsletter. You are responsible for your own lunches. They can be ordered from the TFL DeliBakery, and there are other delis in Stowe, the closest being Edelweiss, on the Mountain Road.

### Schedule:

Friday 1:00 – 5:00

Lo -- Baby dogs

Amanda — Jump Commitment

Saturday 9:00 – 5:00

2 sessions, with about an hour break for lunch

Bring snacks to hang out after class

Trapp Lager will be available.

Sunday 8:30 – 9:15 Human Conditioning with Tom Williams

9:20 – 5:00 2 sessions, with about an hour break for lunch

Bring chairs, snacks, notebooks, video cameras, water, treats, and shade for your dog and car.

Remember camp etiquette.

Please jump in quickly to help with bar changes.

Please see page 2 for a reminder of Camp Etiquette and list of participants. NOTE THAT THERE ARE TWO OPENINGS FOR BEGINNER/INTERMEDIATE. Registration form is in January/February newsletter which is on [nomadagility.com](http://nomadagility.com)

## Spring Membership Meeting will be held Monday, May 18th at 7:00P.M. at the Richmond Congregational Church.

The agenda is:

Approve Minutes of Fall Membership Meeting

Treasurer's Report

Audit Report

All Committee Reports (Sarah will post when she needs reports submitted to her)

Old Business (will refer to minutes of fall meeting to confirm if any)

New Business

Select Nominating Committee for fall elections.

A WW workshop with Jessica Anjoux is scheduled for August 22, 23rd. Save the date. The registration form will be in the June newsletter.

# CAMP

List of participants as of 4/25/15—things change-obviously do not have jump commitment seminar on Friday, yet

## Pre-Novice, Friday, 1-5

Tracy Terry & Phoebe  
K Van Derpool & Flute  
Kelly T & Pip  
Dale & Shasta  
Abby & Opal

## Beginner/Int, Saturday-Sunday, 8:30-5

Marcus & Rogue  
Lisa & Jive  
Caroline & Fin  
Rossi & Sophie  
Kitt & Jaxx  
Pam & Connor  
Van Derpool & Jinn  
Jill & Moto  
2 openings

## Int/Adv, Saturday-Sunday, 8:30-5

Kelly & Izzy  
Jen & Jess  
Roberta & Trio  
Currier & Sparky  
Lynne & Brill  
Randi & Moxie  
Kessler & Monte  
Dale & Misty  
split-Ramsay & Spark with Nicki & Ritz  
Maxine & Sunny with Nicki & Luce

Here are guidelines set by the seminar committee to help ensure everyone has a pleasant experience at camp

### CAMP ETIQUETTE

Do not "teach" on the sidelines. It is very distracting to those on course and dismissive of the instructor.

Be very aware of where your dog is and what he/she is doing when other dogs are on course, especially in the novice session.

Avoid distractions for the dog on course

Listen to the instructor without interrupting

Try what she suggests without arguing or explaining why your case is an exception

Lunchtime and before and after camp sessions are times for instructors to run their dogs.

Do not hold side conversations while the instructor is talking -- this is really, really hard, and really, really important!

Do not run the course before the session starts or during lunch. It's not fair to others, since there is not time for everyone to get their dog on the course. It's hard for the instructor, who is tweaking the course. Your dog will get plenty of time on course during the session. The instructor has things she wants to teach from the course. Practicing without that instruction is dismissive of the value of the instruction.

DO move to where you can hear the instructor's comments, even if it's in the center of the ring.

If your dog barks, please cover the crate or crate her away from the ring.

Auditors, it's best to leave your dogs at home. If you do bring them, do not bring them ringside, and do not use the equipment.

Here are some thoughts from Susan Garrett's blog:

"Come with an open mind and a closed mouth." (But do ask questions!)

"If you knew how to do this already, you wouldn't be here, so don't expect a flawless performance from yourself."

"Go to class to ingest. Go home and digest what you ingested."

"Be comfortable with being confused. Enjoy the clutter. Or, establish a mental 'For Later Processing' file, and stuff every confusing thing into it. You will find when you go back later and review all the confusing items, half of them aren't confusing any more and can be filed into one of your existing mental files."



# Life Isn't A Game of Perfect

by Kathy Keats

There was a great book written by Dr. Bob Rotella called 'Golf Is NOT A Game Of Perfect'. It was one of the first books that really helped me to understand that mistakes happen, when they do it's not a disaster, and it doesn't make you less worthy, but it's how you respond and recover from those mistakes that matters. That's what illuminates your true character.

**Sport reveals character.** There's a great saying, "sport doesn't develop character, it reveals it". It's always easy to look strong when everything is going well. If we start to accept that there will be good times and there will be times that are trying, we can start to appreciate the good times more as the gifts they are, and understand that the times that are more trying are going to happen anyway so we may as well take the lessons that they offer, versus wishing our lives away because they are difficult.

*"Life isn't a game of perfect, and the expectation that it should be is what causes so much discontent." - Kathy Keats*

**Competent doesn't mean perfect.** Particularly for women, this can be a difficult to embrace because women tend more towards perfectionism. I know this is a generalization but women in particular tend to equate confidence with competence, so to feel more confident they try to build more competence. Yet because they aren't perfect they still often feel like they aren't good enough. You can be highly competent, and highly successful without being perfect.

**The curse of competence.** In any given performance, whether it is sport, business, or music, there will be moments that are less than perfect. As a matter of fact, the irony is the more accomplished you are, the more aware you become that it ISN'T perfect. It's almost a curse. For example, a talented musician I knew with perfect pitch (the ability to hear exactly what note is being played in music) would often struggle to enjoy listening to music because he could hear every note or instrument that was slightly out of tune. In dog agility, there is always a turn that could've been tighter or a cue given with better timing. The important thing is to not let your mind stop on it and affect the other elements of the performance. You need to let it go and move on. Performance needs to be in the moment. The time for analysis is after the performance.

**Your goal is to your best.** Promise yourself that every day you will choose to be grateful and take each thing in stride, do the best you possibly can, and make the best of every moment that is presented to you, regardless of it's in performance, work or at home. Whether it is good or it is bad, the truth is...this too shall pass'. What's more important is how you deal with the hand you are dealt at the time.

Enthusiasm for life is contagious. Not only will you make your life better, you will inspire someone else to do the same.

If you know someone who would like to receive my emails, please feel welcome to forward this on. Subscribe to these articles [HERE](#). Kathy Keats [KathyKeats.com](http://KathyKeats.com)



# BRAGS

## March 21/22 USDA, All Dogs, Manchester, NH

### Lynne and Brill

22" Grand Prix \_\_\_\_\_ 2nd and Q

### Lickity Split 18" Champ

Steeplechase Rd 1 \_\_\_\_\_ First and Q

Grand Prix \_\_\_\_\_ 1st

Dam Team with Luce and Pemi \_\_\_\_\_ Q

## April 18 & 19, BOTC AKC Trial, Shelburne, VT

### Marty Abair and Kirby

Novice FAST Preferred 8" \_\_\_\_\_ 1st and Q

Novice Standard Preferred 8" \_\_\_\_\_ 1st and Q

Novice JWW Preferred 8" \_\_\_\_\_ 1st and Q

Novice Standard Preferred 8" \_\_\_\_\_ 1st and Q

#### NOVICE STANDARD TITLE

Novice JWW Preferred 8" - 1st and Q

#### NOVICE JWW TITLE

Super glad to be back!!!

### Melissa Carter and Rally

12" Novice, JWW \_\_\_\_\_ 1st and Q

### Trudy and Dash 20"

Novice B FAST \_\_\_\_\_ 2nd & Q

(his first ever FAST run)

Open Standard Agility \_\_\_\_\_ 3rd & Q

Open JWW \_\_\_\_\_ 3rd & QA

Open JWW \_\_\_\_\_ 2nd & QA & Title (OAJ)

### Sundancer & Maxine Holmes

8" Ex. Time to Beat \_\_\_\_\_ 1st & Q

8" Ex. Standard \_\_\_\_\_ 1st & Q

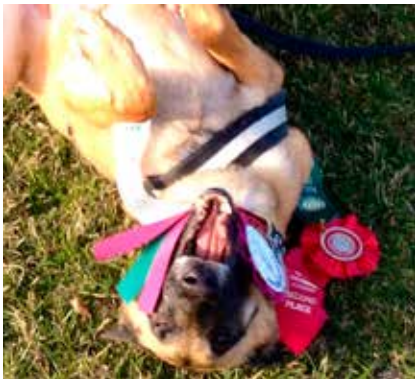
8" Ex. Fast \_\_\_\_\_ 1st & Q

8" Ex, JWW \_\_\_\_\_ 2nd & Q

### Jennifer K. And Milo

Novice JWW, 26" \_\_\_\_\_ 2nd and Q

#### NOVICE AGILITY JUMPERS (NAJ) TITLE



## April 4 & 5, Riverside Canine USDA, N Smithfield RI,

### Giddy-Up and Lisa B

8" PVP Jumpers \_\_\_\_\_ 1st and Q

8" PVP Snooker \_\_\_\_\_ 1st and Q

8" PVP Standard \_\_\_\_\_ 1st and Q

8" PVP Gamblers \_\_\_\_\_ 1st and Q

PVP tournament \_\_\_\_\_ Q High Scoring PVP

8" P III Gamblers \_\_\_\_\_ 1st and Q

8" P Grand Prix \_\_\_\_\_ 1st and Q

8" PmStandard \_\_\_\_\_ 1st and Q

8" P Speed Jumping \_\_\_\_\_ 1st and Q"

This tiny 6-pound dog turned in faster times and higher scores in most classes on Sat and Sun than all but the first three 22" dogs.

### Lisa M and Gib

This weekend Gib and I FINALLY finished his MACH! He is now... **CH MACH ADCH PDCH-BRONZE PICCADIL'S BRAVE HEART, CGC, RN, T2B, XF, MXB, MJS, PSCH-SILVER, PJCH - GOLD, PKCH - GOLD, PRCH-BRONZE, PGCH-BRONZE, PTM-GOLD, LAA-BRONZE.** Plus he is a bobblehead :-)

### Kit and Lickity

Much to my amazement I got a "TOP TEN" pin from USDA today. It turns out Lickity was tied for **second place nationally** for points award for placement in....of all things.... **18" Gamblers!!**

### Malia and Caroline



*Interesting article From: Virginia Besthoff*

<https://positively.com/contributors/are-domestic-dogs-losing-the-ability-to-get-along-with-each-other/>

### NOMAD's Steering Committee

Contact them if you have questions or suggestions.

**President:** Lisa Marcus, lisamarcus@comcast.net

**Vice-President:** Judy Frey, rjfrey2@yahoo.com

**Treasurer:** Linda Ladd, vtladds@comcast.net

**Secretary:** Sarah Albert, sarah@vtlink.net

#### Members at Large

Jen Hammond, hammondjal@gmavt.net

Marty Abair, corgitown@yahoo.com

Kelley Trombley, kelly@therunningdog.net

<http://nomadagility.com>

#### NEW WORKING MEMBER

##### Keith Bellairs

P.O. Box 265

Hardwick, VT 05843

Home phone: 802-411-5606

Cell phone 802-424-6704

email address: keith@bellairs.org

For Committees he is interested in -

he put down "Trials"

He did not ask for an agility buddy.

He has a 6 year old English Shepherd

named **Keeno** and an 8 year old All

American named **Skylark**.

#### NEW SUPPORTING MEMBER

##### Kristin Van Derpool

Kristin's dog team mates are **Jinn**

a 5 year old All American, **Flute** a

2.5 year old BC and two 12 year old

dogs, **Lass** a Smooth Collie and **Dart**

a Sheltie Mix.

1130 Regent Street

Schenectady, N.Y. 12309

Phone: 518-258-7695

Email: gdhoy@yahoo.com She would

like an agility buddy

#### NEW DOG MEMBERS

**Dale Healy** has a new wild child, who will soon be 11 months old that is a new NOMAD member. **Shasta** is a Whippet - I know big surprise to anyone who knows me. She and I have been taking classes at Show Me The Biscuit since she was 3 months old and we are hoping to attend Camp in May.

Please welcome another future agility star. **Linda Ladd** has signed up **Cinna**, an 8 month old female Shetland Sheepdog. Welcome Cinna! Dale



Wrigley

2/6/2003—3/10/2015

*How lucky I am to have something that makes saying goodbye so hard.*

A. A. Milne



## WHAT MOTIVATES VOLUNTEERS?

*Volunteers are necessary to keep agility afloat. Why do competitors volunteer? By Brenna Fender*

Without volunteers, agility trials would be few and far between, and entry fees would be a fortune. But while most competitors know that volunteering is necessary and important, only some of them work at trials.

What motivates these competitors to work, some one class and some all weekend? Many competitors state that they volunteer simply because they feel that it is the right thing to do. They love the sport, and they want to help trials be successful and fun. They like trials to move along efficiently and realize that, by volunteering, they can make that happen.

Respect and appreciation from trial-giving club members, competitors, and judges go a long way in motivating many workers. Extra perks like food, drinks, raffles and discounts on future entries often provide extra incentives.

Learn more details from agility volunteers themselves: I volunteer because it's the only way that trials happen.--Margaret Hendershot

I feel like it's my duty as a competitor to help out with something. The perks are the icing on the cake.--Lisa Brockmeier

There are only a very few trials I have not volunteered at. I even showed up at trials to volunteer over quite a number of years that I didn't even have a dog to show in agility. So why?

1) Because that up-front seat is one of the best places to learn about agility. You get to watch handlers and see what works, what doesn't, handling options, and get a thorough understanding of rules, and can ask questions of other volunteers (and sometimes even the judge when they are done judging the class) to clarify things.

2) If there aren't enough volunteers the show will go really slow and potentially overburden the volunteers who are trying to hold down multiple ring crew spots (making them grumpy, and that can make the show experience less pleasant for all).

3) If people don't volunteer, the shows cannot happen at all!

4) If I want to encourage the next generation of agility exhibitors... I love to both lead by example and train in my replacement (because I cannot do this forever).

5) I get a free lunch most of the time.

6) Sometimes I get vouchers toward my next entries or get cool prizes in the volunteer raffle.

7) It is just plain a matter of ethics, in my opinion, that if you are going to do the sport, that you also help with the work. --Leona Hellsvig

Workers raffles, food/vendor coupons, and certificates for future free runs are nice but do not sway me either way. Water for workers is always good and I think it should always be available, especially on very hot days. The way volunteers are treated is huge. Whether free stuff is offered or not, clubs must treat workers with respect.--Deb Bogart

I volunteer whenever I can. I do it to help the club, the judge and because I enjoy it. Since I also judge, I know that volunteers are worth their weight in gold. If I see a need, I try to do what I can to fill it. I frankly don't need any incentives with the exception of drinks and snacks. Other than that, I'm fine with just being there and helping out.--Karen Gloor

I like the perks if I get them, or just helping out is a perk. Trials are incredibly hard to put on.--Harry Melamed

I always volunteer; it's half the fun as far as I'm concerned. I like building courses and gate stewarding, but I'll do pretty much any of the jobs. The only thing that puts me off of volunteering is if the club isn't appreciative (and I don't mean with vouchers or raffles; a simple 'thank you' is enough).--Mark Shaw

I always volunteer at trials. The "reward" I like most for volunteering is "doggie dollars" or whatnot that equal money off my next entry. But I also appreciate drinks, snacks and worker raffles.... I've also volunteered where workers got zilch for it, and that's because I understand trials don't run without people to help. The incentives given by hosting clubs are icing on the cake. --Paula Smith

I usually course build. I like to be helpful, but I also like to keep the day moving. Slow course builds make trials last forever!--Katie Gibbons

I always volunteer at trials, usually timer, scribe or both. I like to keep moving trials along and doing this job well is a big help.--Val Reiner

I do volunteer at trials. I know the help is needed and appreciated plus I get a great seat to watch some great handling moves by other handlers. Perks are nice - I've gotten some cool t-shirts, free food, and even a free weekend of trials. It's all good!--Jan Casey

It's good to help move the trial along.--Elaine Rinicker

I always volunteer also. Trials are impossible without volunteers. Worker bucks do help and are appreciated; I use them toward future entries so they do come back, but I would help anyway as well.--Debbie Mosher

I always volunteer. Trials don't happen without volunteers. So if I want to trial, I have to volunteer. Worker bucks are nice but I would still work. Kindness and consideration to workers and general good manners will affect how much I work.--Elizabeth Ampleford

I always volunteer. Early in my agility career, before I was even competing, Ali Johnson taught me the best way to really get involved in the sport was to work at trials. I think competitors who don't work miss out on a lot. --Cindy Hensley

Clubs in our area are small, so every extra pair of hands helps make things run faster and more smoothly. Having a reward or incentives like lunch, snacks and water, raffles, free entries, [and so on] are nice, but I do not need them. I feel it is every competitor's obligation to volunteer at trials. Maybe not every trial (I know there are very good reasons why someone might not be able to volunteer at a particular trial), but as much as they can.--Esther Bozak

# SC Meeting Minutes

## April 7, 2015

Marty Abair's Office (US Army Corps of Engineers)  
Winston Prouty Building  
Essex Junction, VT 05452

Those in attendance: Lisa Marcus, Judy Frey, Kelley Trombley, Marty Abair, Jennifer Hammond, Linda Ladd

Sarah Albert – Absent

### Setting of date and time – Membership Meeting:

- Dates were reviewed for SC availability and it was agreed that Monday, May 18<sup>th</sup>, 2015 at 7 p.m. was the day and date of consensus. Judy will contact Roberta regarding contact information for the Richmond Library.

### Setting of agenda for membership meeting:

- Treasurer's Report
- Audit Committee Report
- All Committee Reports

**Audit Committee** – members for 2015 audit include Marty Abair, Betsy Nye and Judy Frey. They will contact Linda Ladd when the box is needed.

Lisa reminded the SC that we need to pull together a nominating committee, so they can begin working on soliciting members to fill upcoming vacancies on the SC this fall.

The SC discussed the current timing/term expiration for the Executive Officers of the club and how they all expire in the same year. (Executive Officers include: Pres., VP, Secretary and Treasurer). Lisa will speak with some of the club members with tenure regarding the intent of having only two positions expiring at a time instead of all 4. For example: Pres. and Secretary terms run for the same duration and VP and Treasurer run 1 year off from the President and Secretary.

### Demos:

After discussion it was decided that there appears to be a need to restart the demo committee.

- May 16<sup>th</sup> – Basin Harbor (Lacie's Fund) NOMAD has been asked to participate. After discussion, it was decided to forward the information to Lynnette (in the Middlebury area) to see if she would like to take the lead on this. Lisa will forward the information to her.

Kelley has stepped forward to coordinate the "In Memory Of" nominations for the Fall Membership Meeting.

Lisa will send the volunteer hours link to the list again as a reminder to enter time into the database.

Lisa will also provide the membership meeting warning to the list.

The meeting ended at 8 p.m.

Respectfully submitted,

Linda Ladd, Treasurer

On Behalf of the NOMAD Steering Committee



*Here's a scene we hope not to see again for a while—Sarah and Toby*